

## OUR MENU

**Snacks are served to children mid morning and again mid afternoon. A variety of snacks are provided which can be fresh fruit, salad sticks, toast, fruit loaf or yogurts. Children are offered milk to drink with their snacks. Fresh drinking water is freely available throughout the day.**

	Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
<b>Lunch Option 1</b>	Savoury mince and jacket potatoes	Cauliflower and broccoli cheese	Turkey curry with rice	Chinese vegetables with noodles	Vegetarian sausages with vegetables
<b>Lunch Option 2</b>	Roast vegetable pasta bake	Chicken dinner	Vegetable spaghetti bolognese	Homemade burgers with sweet potato wedges	Tuna pasta bake
<b>Pudding</b>	Fresh Melon slices	Banana muffins	Fresh fruit salad	Jelly and Ice cream	Rice crispy cakes
<b>Tea</b>	Tomato soup with wholemeal bread and butter	Crumpets Rice pudding	Wholemeal pitta pockets with a variety of fillings	Beans on wholemeal toast	Crackers and cheese with salad sticks

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	Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
<b>Lunch Option 1</b>	Homemade mince and onion pie with vegetables	Homemade chicken nuggets with vegetables	Vegetarian sausage casserole with new potatoes	Meatballs in tomato sauce with spaghetti	Chicken with sweet potato mash and vegetables
<b>Lunch Option 2</b>	Vegetable curry with rice	Jacket potatoes served with a variety of fillings and salad	Tuna chilli and rice	Chinese vegetables and noodles	Vegetable lasagne with garlic bread
<b>Pudding</b>	Fruit cookies	Shortbread biscuit	Fresh fruit salad	Rice Pudding	Carrot Cake
<b>Tea</b>	Vegetable soup with wholemeal bread and butter	Sandwich selection with salad sticks	Spaghetti on wholemeal toast	Crumpets Fruit	Toasted tea cakes and fruit

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	Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
Lunch Option 1	Italian baked fish	Chinese Vegetables and noodles	Vegetable sausage and mash	Macaroni cheese with tomatoes and peas	Jacket potato with cheese or tuna
Lunch Option 2	Vegetable chilli with rice	Homemade pork burgers and vegetables	Tuna pasta bake	Turkey curry and rice	Roast chicken dinner
Pudding	Bananas and custard	Fruit and ice-cream	Crispy buns	Melon	Fairy buns
Tea	Mackerel and wholemeal toast	Cheese and crackers with salad sticks	Toasted tea cakes	Sandwich selection with salad sticks	Beans on toast

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	Monday Week 4	Tuesday Week 4	Wednesday Week 4	Thursday Week 4	Friday Week 4
<b>Lunch Option 1</b>	Sardine pasta bake	Chicken casserole and vegetables	Lancashire hot pot	Cowboy casserole with vegetables	Tuna chilli and rice
<b>Lunch Option 2</b>	Vegetable stew and dumplings	Homemade wholemeal pizza with sweet potato chips	Vegetable curry and rice	Stir fry coconut vegetables	Chicken pasta with crème freich and vegetables
<b>Pudding</b>	Mandarin sponge flan	Shortbread biscuits	Freah fruit salad	Apple crumble and custard	Crispy buns
<b>Tea</b>	Crumpets and fruit	Cheese on toast  Fruit	Wraps with a variety of fillings	Scrambled egg on wholemeal toast	Selection of sandwiches